

The Bible Unwrapped by Meghan Larissa Good
Reviewed by Roger Thiessen

I recently heard someone describing the experience many people have when they read the Bible as being like the feeling a hungry teenager has when opening a fully stocked fridge and saying, There's nothing to eat! Many people are frustrated with the Bible, concluding that it is inaccessible, unfathomable, and too much work to get anything of value out of it.

I am currently leading my fourth study group in reading through the entire Bible and discussing it together. This has possibly been the most fulfilling and profitable exercise I have undertaken in ministry. Meghan Good's book, *The Bible Unwrapped*, in line with the food metaphor, could be described as a great cookbook with an introduction to cooking different foods, sample recipes and healthy nutrition.

Good makes the Bible understandable and relevant at an introductory level in a readable and engaging way. Next time I lead this study I will move from my current introductory book on the Bible and switch to Meghan Good's book.

Bon Appetit!



Interpreting Scripture Today



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